WHAT IS CLAIMED IS:

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- 1. A self-watering tray for a plant pot, comprising:
 - a plate, the plate holding fluid; and
- at least one leg coupled to the plate, the at least one leg filled with a material

 which provides a fluid conduit capable of draining fluid into the plate and sucking fluid

 from the plate.
 - 2. The tray of claim 1, wherein the plate has side walls and a bottom, the side walls and the bottom of the plate define an area for holding fluid.
- 3. The tray of claim 2, wherein the side walls include a notch for air venting inside and outside of the plate.
 - 4. The tray of claim 2, wherein the side walls include a fluid intake mouth, additional fluid can be added into the plate through the fluid intake mouth.
 - 5. The tray of claim 2, wherein the led is integrally mounted on the bottom of the plate.
- 15 6. The tray of claim 2, wherein the leg is detachably mounted on the bottom of the plate.
 - 7. The tray of claim 1, wherein the leg is fulled with a wick.
 - 8. The tray of claim 1, wherein the leg is filled with soil.

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- 9. The tray of claim 1, further comprising a support member capable of supporting the pot.
- 10. The tray of claim 1, wherein the leg is a self-supporting member having a tail section, the tail section supports the member to stand in the plate.
- The tray of claim 10, wherein the self-supporting member includes a hook section capable of coupling the member to the pot.
 - 12. The tray of claim 1, wherein the leg includes a top end having screw grooves for mounting the tray to the pot.
- 13. A self-watering tray for a plant box, comprising:

 a plate having a box shape, the plate holding fluid; and

 at least one leg coupled to the plate, the at least one leg filled with a material

 which provides a fluid conduit capable of draining fluid into the plate and sucking fluid

 from the plate.
 - 14. A self-watering apparatus, comprising:
- a plate, the plate having a first area for holding fluid and a second area for holding a planting material; and

at least one leg extending between the first area and the second area, the at least one leg filled with a material which provides a fluid conduit capable of draining fluid from the second area to the first area and sucking fluid from the first area to the second area.

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- 15. The self-watering apparatus of claim 14, wherein the first and second areas are separated by a cover.
- 16. The tray of claim 15, wherein the plate has side walls and a bottom, the side walls beneath the cover and the bottom define the first area, the side walls above the cover define the second area.
- 17. The tray of claim 16, wherein the side walls beneath the cover include a fluid intake mouth, additional fluid can be added into the first area through the fluid intake mouth.
- 18. The tray of claim 1, wherein the leg is filled with a wick.
- 10 19. The tray of claim 1, wherein the leg is filled with soil.
 - 20. The tray of claim 1, wherein the plate has at least one rail-like member integral to the bottom of the plate, the leg has a bottom piece insertable into the rail-like member so as to allow coupling between the plate and the leg.
- The tray of claim 1, wherein the plate has a triangular shape, and the plant pot has a round shape.
 - 22. The tray of claim 1, wherein the plate has a rectangular shape, and the plant pot has a round shape.

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